



Contact Information

Dr. Robin Norris, LMFT
7371 Atlas Walk Way
Gainesville, Virginia
20155

(703) 665-0754
info@wind-opt.com
www.wind-opt.com

Professional Services	Executive Coach, Professor, Media Expert, & Speaker
Practice Approach	Family Systems, Mind-Body Mindfulness, Critical Incident Stress Debriefing/Crisis Management, Solution Focused Coaching, Cognitive Behavioral Therapy
Client Focus	Medical and Science Professionals, Athletes, Business Owners, Teams, Couples, & Individuals
Typical Client Profile	Age: 23+ Gender: Any Income: \$125,000+ Net Worth: \$250,000+
Licenses/Certifications/Designations	PhD Virginia LMFT 0717001193 California LMFT 41187
Education	Capella University – Doctorate: Counselor Education & Supervision Boston College - Master's and Bachelors: Counseling
Fee Structure	Varies
Years in Practice	18
Professional Association Affiliations	Northern Virginia Licensed Professional Counselors Financial Therapy Association
Do you work at a distance such as with Skype?	Yes, https://doxy.me
Research Interests	Health, wealth, nutrition, bipolar, addictions, loss, & debt

Personal Statement

Whether the stress is happening for you in the boardroom or bedroom, the ball field, or bank let me help you. My years as a therapist, competitive yacht racer, and alumni of Boston College have given me a solid understanding of what life is like when your Bentley is a decision point of joy or pain. Life should always have highs and lows that are survivable. Let me assist you in uncovering the directions you or your team would like to travel. You just need to reach out and email info@wind-opt.com today.