

Financial Therapist Network Listing



Contact Information

Name: Derek Hagen
 Company: Money Health Solutions, LLC
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 Email: Derek@MoneyHealthSolutions.com
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Professional Services	Financial coaching, counseling, and planning
Practice Approach	Solution-focused, cognitive-behavioral, motivational interviewing, transtheoretical model (stages of change)
Client Focus	Individuals and couples
Typical Client Profile	Age: 25-55 Gender: All Income: All Net Worth: All Typical clients are feeling stuck, want a healthy relationship with money, and want help finding the motivation to change.
Licenses/Certifications/Designations	CERTIFIED FINANCIAL PLANNER™ (CFP®) Certified Financial Behavior Specialist® (FBS®) Chartered Financial Analyst (CFA)
Education	B.A. Economics (Summa Cum Laude): Minnesota State University Moorhead GradCert: Financial Psychology & Behavioral Finance: Creighton University
Fee Structure	Flat-Fee
Years in Practice	10
Professional Association Affiliations	Financial Therapy Association Financial Psychology Institute Financial Planning Association CFP Board CFA Institute
Do you work at a distance such as with Skype?	Yes, I use Zoom
Research Interests	N/A

Personal Statement

My philosophy is that you are the expert in yourself, and have a natural instinct to want to better yourself and grow. I facilitate financial health by helping you tap into your own motivation to change. I act as a guide, not a director, judge, or debate partner. This collaborative approach helps identify and change financial beliefs and behaviors that may negatively impact your financial health. I enjoy working with people who want a healthier relationship with money and to be a better version of themselves. Once clients have a healthy relationship with money, future financial decisions become simpler.