



Contact Information

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Professional Services	Holistic and Clinical Psychotherapist; Life, Business, Money and Career Coach; Author, Professional Facilitator of Webinars and Workshops; Professional Speaker
Practice Approach	Holistic and Clinical Psychotherapy; Cognitive Behavioral Therapy; Eclectic; Life, Business, Money and Career Coaching; Marriage/Couples Spiritual Journey; Counseling; Core Energetics
Client Focus	Individuals. Couples, groups, corporations, addiction organizations, webinars, workshops, keynote speaker
Typical Client Profile	Age: Adults and Young Adults Gender: All Income: All Ranges Net Worth: All Ranges
Licenses/Certifications/Designations	Licensed Clinical Social Worker Certified Core Energetics Therapist and Life Coach Certified Exceptional Marriage Mentor
Education	B.S., Empire State College, Counseling and Psychology; M.S.W., Fordham University, Clinical Social Work; CCEP, The Institute of Core Energetics, Core Energetic Evolutionary Therapy
Fee Structure	Fees vary based on type of service. Hourly Fee for Therapy and Coaching. Flat Fee for Speaking Engagements and Facilitating Workshops and Classes
Years in Practice	25+
Professional Association Affiliations	Connecticut Certification Board, Inc. Financial Therapy Association National Association of Social Workers NYS Office of Alcoholism & Substance Abuse Serv. NYU School of Continuing & Prof. Studies Bark Coaching Institute The Employee Assistance Professionals Assoc.
Works with distance clients?	I work with clients globally with Skype and Phone

Personal Statement

I have been studying the concept and implications of money in our lives for over 25 years. I specialize in helping people develop a healthy and balanced relationship with money on the physical, emotional, mental and spiritual levels.

We explore our beliefs, attitudes and misconceptions about money, and learn how to transform our negative and addictive behavior patterns into a positive direction. I work with clients and professionals to develop and use our minds to cultivate abundance as a state of consciousness; acquire skills to build greater self-acceptance and the ability to make conscious and informed choices on a daily basis.

I integrate my background of training and experience in clinical social work, banking, Pathwork Studies, Core Energetics, leadership and spirituality into my work. I believe that the journey of the soul is a healing process that restores energy and consciousness to the individual, which promotes creativity, self-expression and personal integrity.