



**Contact Information**

Thomas Faupl, LMFT  
 2148 Market St.  
 San Francisco, CA 94114  
 (415) 835-2111  
[TFaupl@mac.com](mailto:TFaupl@mac.com)  
[www.thomastherapy.com](http://www.thomastherapy.com)

**Personal Statement**

As a psychotherapist my expertise is helping individuals and couples develop a healthy and empowered relationship to money and spending in their lives.

Having also worked in the credit counseling field for over 10 years I've counseled thousands of people around their personal finances. I bring my personal finance knowledge into my counseling work with clients wanting to overcome emotional blocks and self-defeating behaviors around money.

Most of our adult beliefs and fantasies around money are based in our early life experiences and larger societal values we encounter as we grow up. As adults we often find our core money issues playing out with our intimate partner or spouse. Often we shy away about talking about our money issues out of shame, self-judgment and lack of knowledge. I'm here to provide a safe and supportive place for you to develop greater wisdom, confidence and balance with money.

<b>Professional Services</b>	Financial Therapy Psychotherapy EMDR
<b>Practice Approach</b>	Humanistic Somatic EMDR Client-centered
<b>Client Focus</b>	Individuals and couples
<b>Typical Client Profile</b>	Age: Any Gender: Any Income: Any Net Worth: Any
<b>Licenses/Certifications/Designations</b>	Licensed Marriage and Family Therapist, CA License: MFC 45819 Certified Consumer Credit Counselor, The National Foundation for Credit Counseling, Certificate CC19436
<b>Education</b>	B.A., Journalism, Marquette University M.A., Counseling Psychology, California Institute of Integral Studies
<b>Fee Structure</b>	50-minute clinical hour: call for rates
<b>Years in Practice</b>	3
<b>Professional Association Affiliations</b>	Financial Therapy Association California Association of Marriage and Family Therapists San Francisco Association of Marriage and Family Therapists EMDR International Association
<b>Research Interests</b>	N/A