



Contact Information

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Personal Statement

People relate to money in a variety of ways for a variety of reasons. I have seen people avoid discussions about money because of unconscious cultural “rules.” The avoidance creates its own set of financial problems. I have seen people become depressed over the sudden loss of wealth or become anxious and when they become rich “overnight.” Feelings of emptiness can lead to unhealthy attitudes about money and result in a variety of unhealthy behaviors. In my work with clients I intend to be attuned to all factors leading to issues around money, including spiritual concerns.

As a personal finance educator I have written several articles and three books, including: *Vigil: Spiritual Reflections on Your Money and Sanity*, *The Inheritance: A Stock-Picking Story*, and *Beyond 40 Acres and Another Pair of Shoes: For Smart Sisters Who Think Too Much and Do Too Little About Their Money*.

Professional Services	Resident Therapist/Counselor
Practice Approach	My work in financial therapy is informed by several years in financial consulting
Client Focus	Individuals, couples, families and groups
Typical Client Profile	Age: Any Gender: Any Income: Any Net Worth: Any
Licenses/Certifications/Designations	Working toward Marriage and Family Therapy license
Education	J.D. Indiana University School of Law, M.A. Culture and Spirituality, Holy Names University
Fee Structure	Hourly: \$75 per session with sliding scale; Fee is also negotiable for speaking engagements
Years in Practice	2 as therapist 8 as financial consultant
Professional Association Affiliations	Financial Therapy Association
Research Interests	Borderline Personality Disorder and Treatment