



**Contact Information**

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| <b>Professional Services</b>                 | Financial Therapy, Psychodynamic Psychotherapy, Couples Counseling, Family Therapy, Workshop Presentations, Organizational Consultation, Supervision |
| <b>Practice Approach</b>                     | Eclectic, insight oriented, solution focused   |
| <b>Client Focus</b>                          | Individuals, Couples, Families, Financial Advisors, Estate Attorneys, and Executive Coaches  |
| <b>Typical Client Profile</b>                | Age: 15 years and older<br>Gender: Any<br>Income: Any  |
| <b>Licenses/Certifications/Designations</b>  | MSW, LCSW, BCD   |
| <b>Education</b>                             | MSW, Washington University in St Louis,  |
| <b>Fee Structure</b>                         | Hourly, Retainer, or Project based   |
| <b>Years in Practice</b>                     | 30 +   |
| <b>Professional Association Affiliations</b> | Financial Therapy Association, Psychotherapy Saint Louis, American Association for Psychoanalysis in Clinical Social Work,                           |
| <b>Research Interests</b>                    | Impact of Entitlement on Child and Adolescent Development, Women, Money and Power  |

**Personal Statement**

Over the years, I have found that money is harder for people to talk about than sex! In my work as a Wealth Counselor, a major focus is to help my clients start to look at their relationships to, and feelings about, the role of money in their lives - both historically and currently. This can include articulating family values in decision making about wealth, ensuring attention to the psychological issues involved in the transfer of wealth, and child rearing as it relates to wealth and privilege. It might also include attitudes about money and how they originate, and emotions about money and how deeply they affect identity. In my work with advisors, attorneys and coaches, the focus is on understanding the psychological nature of their clients' relationships to money and assist these professionals in getting comfortable with helping their clients explore and understand their own "stories" about their wealth and what they want to do with it. Some of my public speaking topics include: Women, Money and Power; Raising Privileged Children; The Importance of Understanding a Psychological Perspective in Estate Planning; Dealing With the Anxieties of Volatile Markets.