



**Contact Information**

Judith Gruber, LCSW, CCET  
 141 Joralemon Street, Suite 2B  
 Brooklyn, NY 11201

244 Fifth Avenue  
 Suite 9A  
 New York, NY 10001

T: (718) 722-7907 C: (347) 596-4270  
 F: (718) 222-9338

[judith@moneyandempowerment.com](mailto:judith@moneyandempowerment.com)  
[www.moneyandempowerment.com](http://www.moneyandempowerment.com)

**Personal Statement**

I have been studying the concept and implications of money in our lives for 25 years. I specialize in helping people develop a healthy and balanced relationship with money on the physical, emotional, mental and spiritual levels.

We explore our beliefs, attitudes and misconceptions about money, and learn how to transform our negative and addictive behavior patterns into a positive direction. I work with clients and professionals to develop and use our minds to cultivate abundance as a state of consciousness; acquire skills to build greater self-acceptance and the ability to make conscious and informed choices on a daily basis.

I integrate my background of training and experience in clinical social work, banking, Pathwork Studies, Core Energetics, leadership and spirituality into my work. I believe that the journey of the soul is a healing process that restores energy and consciousness to the individual, which promotes creativity, self-expression and personal integrity.

<b>Professional Services</b>	Psychotherapist; Life, Business, Money and Career Coach; Author; Professional Facilitator of Webinars and Workshops; Professional Speaker
<b>Practice Approach</b>	Holistic and Clinical Psychotherapy Cognitive Behavioral Therapy Eclectic Life, Business, Money and Career Coaching Marriage/Couples Counseling Psychodynamic Therapy Brief Therapy Spiritual Counseling Core Energetics
<b>Client Focus</b>	Individuals, couples, families, groups, corporations, addiction organizations, webinars, workshops, keynote speaker
<b>Typical Client Profile</b>	Age: Adults and Young Adults Gender: All Income: All Ranges Net Worth: All Ranges
<b>Licenses/Certifications/Designations</b>	Licensed Clinical Social Worker Certified Core Energetics Therapist and Life Coach
<b>Education</b>	B.S., Empire State College, Counseling and Psychology M.S.W., Fordham University, Clinical Social Work C.C.E.T., The Institute of Core Energetics, Core Energetic Evolutionary Therapy
<b>Fee Structure</b>	Fees vary based on type of service Hourly Fee for Therapy and Coaching Flat Fee for Speaking Engagements and Facilitating Workshops and Classes
<b>Years in Practice</b>	20
<b>Professional Association Affiliations</b>	Financial Therapy Association National Association of Social Workers National Board for Certified Counselors NYS Office of Alcoholism & Substance Abuse Serv. NAADAC, The Assoc. for Addiction Professionals NYU School of Continuing & Prof. Studies Bark Coaching Institute The Employee Assistance Professionals Assoc.
<b>Research Interests</b>	The Dynamics of Money and the Human Spirit