



Contact Information

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Personal Statement

Doing what I love – helping people heal – I discovered how profoundly we need help with our relationship with money. Assisting in this capacity, I discovered the art of healing our relationship with money in ways deeper than most of us can fathom. Through this work, I’ve seen people reap benefits – inner and outer, financial and in other areas of their lives. This can include: individual sessions – single consultations, a consultation series, or more intensive, long-term work; couples sessions; or groups – by invitation I offer a talk or workshop from an hour or two, to a half day, to a full weekend. I’d also welcome collaborations with financial professionals and other therapists.

I’d love to help you with your relationship with money...so you can find the richness that lives beneath your consciousness, and open to a wealth of possibilities you aren’t yet aware of.

Professional Services	Financial counselor Financial therapist Depth psychotherapist
Practice Approach	Depth psychotherapy
Client Focus	Individuals, couples, groups, adults
Typical Client Profile	Age: Adult Gender: Any Income: Any Net Worth: Any
Licenses/Certifications/Designations	Licensed Professional Counselor CT License #: 000256 FL License #: MH1806 NY License #: 000328 National Certified Counselor and Certified Clinical Mental Health Counselor #20188
Education	M.S., Counseling, University of Bridgeport
Fee Structure	Hourly
Years in Practice	30 +
Professional Association Affiliations	American Group Psychotherapy Association Connecticut Counseling Association Connecticut Mental Health Counselors Association Financial Therapy Association National Assoc. of Personal Financial Advisors National Board for Certified Counselors New York Mental Health Counselors Association
Research Interests	N/A